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Instructor Training Manual—ZUMBA® BASIC STEPS LEVEL 1

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Zumba Manual | Ashley Davidoff

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During this comprehensive 4-hour livestream training, led by a Zumba® Education Specialist (ZES™) you will learn to build meaningful relationships, elevate your communication skills, and stand proudly as an instructor. Developed by ZES™ Steve Boedt and a team of experts.

Take The Lead - zumba.com

Sucheta Pal, Zumba ® Education Specialist (ZES) This introductory training will give you the tools you need to lead your own Zumba ® class. Learn the Zumba ® formula, our four basic rhythms and more!

Zumba Basic 1 Training with Sucheta Pal

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Basic Zumba Instructor Training Manual Best Version

The path to becoming a licensed Zumba ® instructor begins with the awesome intro trainings below: Zumba ® Basic 1. Zumba ® Basic 1. This introductory training will give you the tools you need to lead your own Zumba ® class. Learn the Zumba ® formula, our four basic rhythms and more! On-Demand; In-person; Livestream; Zumba ® License; Jump Start Kids & Kids Jr. Jump Start Kids & Kids Jr ...

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Complete the Zumba Instructor Training Course. These courses are a combination of lectures and practical training to give you the skills you will need to teach Zumba. Once you have completed the training course, you will be granted a one-year license to teach Zumba. Al ...

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Zumba Gold - Zumba Fitness - Classes, Apparel, DVD's and ...

In the Zumba certification workshops, you'll be taught by a ZES (Zumba Education Specialist), which are classed as the highest rank of Zumba instructor in the niche. What you'll learn at your training day or weekend are the 'basic steps' to Zumba, so it's pretty much what it says on the tin.