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## Who Thrive Audiobook

Mind The Secret to Raising  
Smart Kids HINT: Don't tell  
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The Secret to Raising Smart  
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what really works when it  
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Language English; Published/  
Created [San Francisco,  
California, USA] : Kanopy  
Streaming, 2019. The Great  
Courses, 2014. Description

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Episode 4 ...

Animal tracking for kids:  
How tracking activities  
prepare kids for scientific  
reasoning. Paleontology and  
dinosaurs for kids.

Suggestions about how to use

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your child's enthusiasm for dinosaurs as a springboard for teaching kids about ecology, evolution, and the scientific method.

By this point, you've learned to be a good consumer of science. Here, you're encouraged to be a producer of science. Consider research you can conduct with your own family and areas where data collection can determine whether an activity is leading to a desired outcome, such as improved

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grades or attitude.

## Peter M Vishton

As you turn to the science of molding the behaviors of children, discover why reward and punishment - while intuitive strategies - can produce less than optimal results. Learn what the research says on why hitting doesn't work as a behavioral deterrent and produces major side-effects down the road.

Start by considering physical activities that can contribute to mental development; for instance, the value of getting kids involved in activities that promote self-awareness and

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self-control such as tae kwon do or yoga. Learn principles of science that should be kept in mind when sifting through the flood of available advice and information about parenting.

Research suggests children are capable of engaging in helping, sharing, and cooperating at far younger ages than was previously thought. Find out what you can do to promote these pro-social behaviors and a sense of empathy, including managing your temper and resisting the temptation to reward your children for doing nice things for others.

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Teaching your baby sign language can help her communicate long before she speaks her first word. Learn simple signs you can teach your baby, plus other tips for promoting language development, including why you should begin having "conversations" with your baby right from birth and reasons you should use "Motherese" when you do.

If babies can do math-like reasoning at five months, why can math be such a challenge for kids a few years later? Answer that question as you get evidence-based tips for giving your

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child a head start in math so you can reduce - or even eliminate - the frustrations many kids experience.

Consider why "encouraging" development shouldn't turn into "hurrying" development. See why it's wise to let children progress at their own pace and discover the things that interest them, in addition to providing ample time for an activity surprisingly crucial for full development: unstructured play.

Can video games boost intelligence and creativity? Can they improve vision and attention? Could they be

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valuable tools for boosting mental development? In short, are video games good for your child? Consider all sides of this highly active area of research and provides guidance for children's gaming, in moderation, to be very useful.

Studies have shown that children who learn a second language enjoy cognitive benefits like improved memory, creativity, and flexible problem-solving abilities. Should a child learn one language thoroughly before moving on to another? What ages and methods are best for

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introducing a second language? Discover the exciting research being done in this area.

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