This includes: Practicing good personal hygiene, such as taking showers and brushing teeth regularly. Taking part in ... or just taking a daily walk. Understanding the dangers of smoking, drugs, alcohol, unprotected sex and abusive behaviors.

100 Independent Functioning IEP Goals and Functional Life ... IEPs are all about the "I." Any student who has life skills listed as an area of need can have life skills IEP goals.

Understanding 10 Essential Life Skills for a special needs ... Independent living skills also include the ability to understand how things work, the relationship between actions and consequences, and good decision making.

Life Skills 1. Independence towards Adulthood: Independent Living: Getting ready for a supported independent life as an ... Recognising how to be safe in the community when travelling and getting ready for independent travel: Keeping Healthy

What Are Independent Living Skills? | Our Everyday Life

Life/Functional Skills Life Skills Primary Resources - KS3 ... Physical Development Fine Motor Skills Gross Motor Skills Healthy Living Outdoor Area PE and Sports Communication and ...