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The I Quit Sugar Kids eCookbook has been designed for health-conscious mums and dads. There are over 85 recipes containing minimal fructose, ensuring your kids enjoy yummy, nutrient-dense food...

*I Quit Sugar Kids Cookbook by Sarah*

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In I Quit Sugar: Kids Cookbook you'll find various kid-friendly chapters, including: Breakfast for Brain Power: loads of clever ideas for starting your day. Let's Party: delicious cakes, drinks, ice creams and Easter treats. Grab 'n' Run: fun finger foods to keep

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the kids happy when out and about.

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